



Approaches to Learning Activity for 6 to 12 Months

Where Am I?

Hide 'n' Find activities help children understand that objects they can no longer see still exist (object permanence/cognitive skill). The activities also encourage the children's sense of inquisitiveness and interest in pursuing the activity to find the object.

Materials:

- Hand towel or small blanket
- Stuffed animal

What to do:

1. Hide behind a chair, letting your child see part of you. Call out, "Where am I? Come and find me."
2. Hug her when she does. Repeat the game.
3. Have the child hide, and act surprised when you find her.
4. Observe: Does the child persist in finding the adult? Does she show interest in continuing the game? Does she introduce her own variation of the game?

Variations:

- A. Hide a favorite stuffed animal.
- B. Place your child on the floor near a brother, sister, or playmate. Say, "I'm going to hide, Sally," and then place a hand towel over Sally's head. Ask, "Where is Sally?" When Sally pulls the towel off, say, "There is Sally."

