



Communication, Language, and Literacy

Activity for Birth to 6 Months

Talk, Talk, Talk

Interactions with others help infants develop their understanding of words.

Materials:

- None

What to do:

1. Talk to the baby and always tell her what you are going to do before you do it. "I'm going to put you down." "I'm going to change your diaper." "I'm going to give you a kiss."
2. Say to her, "I am going to pick you up." Then, stretch out your arms to offer a visual cue. (A 6-month-old will respond to visual cues before she understands words.)
3. Say one word, such as "up" or "down," instead of an entire sentence. (If you hold out your arms and say the word "up" each time you are going to pick up the baby, she soon will stretch out her arms when she sees yours stretched out.)

