



Approaches to Learning Activity for Birth to 6 Months

Sticky Fun

This activity surprises and mystifies babies. It encourages them to explore the paper and experiment repeatedly to figure out how it works.

Materials:

- Duct tape
- Hand-size objects
- A sheet of contact paper about 2 feet long

What to do:

1. Lay the contact paper on the floor — sticky side up — and tape it down around the edges with duct tape. Sit your baby next to the contact paper.
2. Place the objects on it and lift them one or two at a time.

Variations:

- A. Gently place your baby's palm down on the sticky surface.
- B. Repeat the activity with bare feet.
- C. Tape the paper — sticky-side out — on the wall. Put it at the level the baby can reach while she is sitting.

Observe: Does she try to imitate your actions? Does she laugh when the objects are stuck? Does she like the feel of the paper, or does she avoid it?

