

Thinking Abilities and General Knowledge Activity for Birth to 6 Months

Repeating Action ... Make Something Happen

Infants love realizing they can make things happen!

Materials:

- Wrist rattle
- Toys that make sounds

What to do:

- 1. Place a wrist rattle around the infant's wrist or ankle. Watch to see if he moves that arm or leg more frequently than his other arm or leg to make the rattle sound. Next time, place the wrist rattle on his other foot or hand.
- 2. Place toys that make sounds when touched within "bumping" distance of his hand or leg. If he does not hit it by accident, gently guide his arm or foot once or twice to show him how to make a sound.
- 3. Hang toys from his play gym within "swiping" or kicking range. Use toys or objects that produce an interesting visual spectacle or sound if it is tapped, swiped, kicked, or bumped into.
- 4. Copy the infant's sound when he makes one. Pause and smile to see if he will do something to get you to copy him again. Imitate whatever sound or gesture he makes to keep the game going.

