Opposites

This fun activity introduces the concept of opposites and increases children’s vocabulary.

Materials:
- Pictures of items with two antonyms written on the back:
  - Happy-Sad
  - Run-Walk
  - Laugh-cry
  - Stop-Go
  - Black-White
  - High-Low
  - Sit-Stand

What to do:

1. Draw pictures or cut out photos from magazines.
2. Write the word under the picture.
3. Spread the pictures out and discuss opposites.
4. Lay the pictures out on the floor.
5. Let the child stand in front of the pictures.
6. Call out the opposite word and let the child jump on to the corresponding picture without touching another picture.
7. Make sure to call out pictures in an order that creates a safe and manageable jump.
8. Encourage the child to clean up after the activity by picking up the pictures and bringing them to you as you call out the new words.