



Approaches to Learning Activity for 48 to 54 Months

Jack's Beanstalks

This activity helps children set simple goals and see a visual representation of their progress.

Materials:

- Paper towels
- Water
- Sandwich bags with zip closures
- Beans

What to do:

1. Read or tell the story of *Jack and the Beanstalk*.
2. Open the plastic bags and place a folded paper towel inside. It should completely fill the bag.
3. Let the child pour approximately 1/4 cup of water into the bag.
4. Staple a row across the bag, about a third of the way from the top.
5. Place a few beans in the bag, above the staple line. They should touch the paper towel.
6. Leave the bag open and tape to a window. Watch as the beans begin to sprout. (It may take a week or two.)

