



Communication, Language, and Literacy Activity for 36 to 42 Months

How Does It Feel?

This sensory activity has children use their sense of touch to explore familiar objects in their environment while developing language concepts. Children learn how to use descriptive words to tell about an item they are feeling but not seeing.

Materials:

- Blindfold
- Large tray that accommodates all the items
- Plastic fruit, small cars, trucks, animals, and paintbrushes

What to do:

1. Display the items on a tray for the child.
2. Place the tray within reach of the child.
3. Blindfold the child and hand her a familiar object from the tray.
4. Ask the child to tell you what she is feeling by using descriptive words such as big, little, hard, soft, rough, and smooth.
5. Have the child, once she has described the object and labeled it, remove the blindfold so she can see the item.
6. Extend the activity by introducing other familiar and unfamiliar items to the child.

Variation:

- Read the story *I Can Tell by Touching* by Carolyn Otto.

