Physical Health, Well-Being, and Movement Skills
Activity for 42 to 48 Months

Cool Painting Tools
Children will love painting with cool and unusual tools in this art activity while fostering the development of their fine-motor skills.

Materials:
- Tarp or newspaper
- Bowls
- Various painting tools
- Brushes, scrapers, sponges, foam rollers
- Combs, toy cars, stampers, feathers
- Construction paper
- Paint in various colors

What to do:

1. Cover a large table with a tarp or newspaper. Pour paint in bowls and place on the table.

2. Give the child a piece of construction paper and different types of painting tools.

3. Encourage the child to experiment with the different painting tools by dipping a sponge, comb, or feather into paint and pressing it on to the paper.

4. Talk about the designs made by the child.

Variation:

Take a nature walk and collect various items from outdoors: leaves, pine boughs, rocks, pieces of bark, or seashells. Use them to create nature paintings.