



Communication, Language, and Literacy Activity for Birth to 6 Months

Talk to Me, Baby

Repeating what babies say lets them know you are listening and that communication is a two-way process.

Materials:

- None

What to do:

1. Repeat the sounds that the baby makes. This will encourage him to babble more, as he enjoys communicating with you.
2. Answer your baby's first words with the same words; he probably will repeat the sounds. (Babies make all kinds of sounds as they experiment with their tongues, and those first words like "da, da" are exciting for adults.)
3. Make a new sound and see if the baby will imitate you. Try "mo, mo, mo" or "dee, dee, dee."

Variations:

- A. Sit down with the baby and look into his eyes. Copy your baby's cooing and other sounds and include them in your conversation.
- B. Start a conversation about anything. You can talk about what you are having for dinner, about family, or the baby. Although the baby can't understand all of your words, he will learn new words that will form the foundation of language development.

