



Social and Emotional Development Activity for 36 to 42 Months

My Favorite Things Quilt

This activity fosters sharing and discussion as children talk about their drawings in the quilt. It also allows for the celebration of each child's uniqueness!

Materials:

- Butcher paper
- Masking tape or glue
- Markers and crayons
- Construction paper in various colors

What to do:

1. Explain to the child that you will be making a quilt of his favorite things.
2. Talk about what he likes to do. What is his favorite activity?
3. Cut the construction paper into 8- or 10-inch squares. Give the child one of the construction-paper squares and markers or crayons.
4. Invite the child to draw a picture of his favorite activity, such as walking his dog, going to the park, playing in the sandbox with his friends, or building with blocks. If he has trouble thinking of something, ask him to remember something/someone that makes him feel special or happy.
5. Have the child, after he finishes his drawing, complete the sentence, "My favorite activity is" Help him write or dictate his words beneath the picture.
6. Tape the child's drawings together, creating a square or rectangular patchwork of pictures. Hang the patchwork on the wall and invite him to discuss his square.

