



BOOK TITLE: Lull-a-bye, Little One
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ILLUSTRATOR: Hideko Takahashi



SUMMARY OF BOOK: This story describes the bedtime routine of an infant child and how her parents put her to bed at night. This book can give parents ideas on how to make getting ready for bed a wonderful daily experience for them and their child. The illustrations are delightful.

***BEFORE READING** (Ask questions and use what the child already knows to add to the discussion, assisting the child in understanding and enjoying the book):

1. Allow your child to hold the book, investigate it, get a feel for the pages and the cover.
2. Look through all the pictures of the book and talk with your child about what the pictures may be showing.

DURING READING:

1. Read a page in the book and stop the reading process to see if the child can link the pictures with the words. You may do this with every page in the book.
2. This book is all rhymes. It can be fun to make a song or maybe clap and make a rhythm with the words as you read.
3. You might try acting out the words as you read "tickle bee buzzes" or doing peek-a-boo with your child's blanket.
4. Ask about the pictures: Is your pail blue? Is your chair green?

AFTER READING (activity to extend book experience):

1. When you and your child are getting ready for bed, try going over all the parts of the book. When your child is cleaning up his toys, point out that the book's child is, too.
2. If you can repeat the words a lot, they might be soothing to your child to hear those words when he or she goes to bed at night.

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* This activity created by students at the University of Alaska Anchorage.

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